SALMON ARM SKATING CLUB CODE OF CONDUCT 2026-2027

Our skating club is all-inclusive and welcoming. Our aim is to support and encourage each other while having fun! We skate as a club but we each have individual goals which need to be respected. **We believe in good sportsmanship and respect; all members should act accordingly.**

The following are guidelines for the Salmon Arm Skating Club (SASC). These are safety and respect concerns and are important to follow for all skaters to feel safe and to gain the most value for your ice time. Each skater's effort and respect, along with their family's support, will determine their growth. Skaters and program assistants need to focus on their jobs and should not be unnecessarily distracted. The head coach and board of directors have the authority to remove skaters from the ice if needed. Failure to respect the coaches, board of directors and other skaters could result in suspension or expulsion from the SASC without a refund in skating fees.

SASC is only responsible for skaters when on the ice and not in change rooms. Parents/Guardians are responsible for skaters off ice.

Valuables kept in the change rooms are at your own risk. The SASC will not be held responsible for any lost/stolen or damaged items. Valuables may be kept in the time box.

Any concerns that a skater or parent may have must be brought to a board member or coach to address in a respectful and productive manner. Meetings with individuals or the board of directors may be required to solve or discuss issues.

Please refer to the **Skate Canada "Membership Harassment, Bullying and Discrimination Policy"** if needed.

The SASC would like to encourage skaters and parents to first discuss any concerns with a coach or board member so that all steps can be taken prior to reporting to Skate Canada.

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1. It is expected that all skaters will respect all decisions made by the head coach and the board of directors. Failure to respect decisions could result in suspension of expulsion from the Salmon Arm Skating Club without refund.

2. No skater can step on the ice unless their $64.70 Skate Canada fee has been paid and a registration form has been properly completed and handed in.

3. Stroking sessions are MANDATORY when on the ice and are included in your ice fees. Skaters are expected to be on the ice on time for stroking.

4. Use designated change rooms only. Change rooms are open to all skaters and families. Please use washrooms to change for privacy. The change room is not an area for socializing during skating times.

5. The club room is for board members as well as adult coaches to change and put on skates **ONLY**. All registered skaters must use the designated change rooms.

6. Visitors should watch from the stands and not be in the box or change rooms.

7. All skaters must respect all users of Rogers Rink. At no time should anyone be entering change rooms designated to other groups. Poor behaviour like yelling, climbing the boards, entering the zamboni area and throwing objects on to the ice will not be tolerated.

8. Individual conflicts should be dealt with immediately by those involved. “Gossip” will not be tolerated. Club directors are available to mediate if needed.

9. Any issues that require a complainant must wait 24 hours after the issue before contacting the coach or board. This allows a “cool-off” period to respectfully gather thoughts.

10. All comments to fellow skaters, coaches and board of directors should be kind, constructive and only when invited.

11. Bullying, gossip and slander toward any SASC skaters, coaches or board of directors will not be tolerated and could result in suspension or expulsion from the SASC without refund.

12. **NO CELL PHONES ALLOWED** in the changerooms. Phone calls, text and photos may be taken in the hallway or outside the changeroom in the arena. This is a Salmon Arm Recreation Society and Roger's Rink rule which must be followed by ALL members and parents.

13. Clothing must be neat, tidy and safe athletic wear. Jeans or loose and oversized pants are not permitted unless requested by a coach for costume purposes.

14. Clothing and music must be appropriate for a general audience and at the head coach's discretion.

15. Hair must be tied back and/or off the face. Absolutely NO claw clips.

16. Absolutely no gum is permitted on the ice.

17. Eat before or after skating, in change rooms or the stands.

18. Only drinks in spill-proof containers are allowed on top of the boards. Water is recommended and encouraged.

19. Skaters may not enter the ice, or ask to go on the ice, without a head coach present, for safety and insurance purposes.

20. Skaters in lessons have the right of way. Skaters with their music on have the next right of way. Everyone needs to be respectful and mindful of all skaters.

21. Keep heads up, look both ways and respect fellow skaters. Skaters with the right of way may alert other skaters by calling a friendly, "Excuse me!" if needed.

22. When skaters put on music for their own use, they are responsible to change it back to the StarSkate playlist after.

23. Group work is encouraged by the boards and not mid-ice.

24. Rests can be taken by the boards, in the box or in the stands. The changeroom is not an appropriate place for rests as coaches need to see where all skaters are. Please let a coach know if you need to leave the ice for any reason.

25. Make-up classes are **NOT** available. If your skater is sick or away for any reason, classes missed can not be made up, you may check in your uplifter account to see if any drop ins are available for your class, but drop in fees will apply.

26. Lessons are included in skating fees. No “extra” lessons will be given unless requested by the head coach.

27. When needed for extra practice, and invited by the coach, skaters may participate in more than one session in a day, without cost. (For instance Winter Carnival prep)

28. Skaters will test when and what your coach decides. Testing is not up to the skaters. Coaches will only suggest a test when they feel you are ready.

29. Phones and cameras are not allowed on the ice unless permission has been granted by the head coach.

30. All skaters must skate a predetermined amount of practices to be able to skate in any skating shows or events.

31. Due to safety and insurance reasons, if a skater misses several practices due to injury or illness that requires a doctor’s note, the SASC must also receive a doctor’s note to verify that the skater is safe to return to skate.